



Dad Facts

What do you need to take on the road for baby?

Getting around with a new baby is a lot of work. There are a lot of things you will need to take with you for safety and comfort that you did not need before...these are just a few.

What do I need?

An infant car seat or a convertible car seat.

A stroller or an infant carrier/sling

A diaper bag or a back pack.

MORE TIME! Plan ahead because getting out the door and around town will take more time!

Car seat tips:

Faces backwards when in use for children less than 1 year old and 20 pounds.

Harness clip at armpit level on baby

Baby is the right height & weight

Straps are at or below the shoulders

Seat cannot be moved more than 1 inch when pulling by belt path

You cannot pinch any slack on harness straps when the child is in the seat

Seat is at a 45-degree angle

Do not over dress your child in the winter months. Do not use snow suits during travel.

If you will be traveling for a distance, occasionally check on the baby or have someone ride in back with them.

Get your seat checked for safety by a car seat technician.



**To get a free car seat check, call Safe Kids Kenosha-Racine at 687-3366 to schedule an appointment or to find another location in your area.



Stroller tips:

For an infant, the stroller should be reclining to support the baby's head, neck and back.

Umbrella strollers should only be used for children who are able to hold their head steady for a few minutes.

What should you have in a diaper bag?

diapers wipes blanket pacifier bottle First Aid kit

at least one change of clothes change of socks

formula/breast milk in a cooler snacks (for older infants)

changing pad bottled water for powdered formula

baby pain relief (Infant Tylenol) favorite toy/book

plastic bags for dirty diapers or wet clothing hand sanitizer

extra layer of clothes for a cool day baby spoon hat

sunscreen for babies 6+ months diaper cream

health information/ emergency numbers

**Anything else that will make you and baby more comfortable when you are away from home.



Never leave a child in a car!

When you leave your car, always make sure your car seat is empty.